

Базы данных EBSCO по медицине



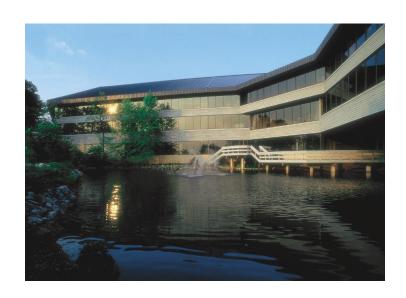
#### Программа презентации

- Полнотекстовые журнальные базы данных: Medline Complete и Dentistry & Oral Sciences Source (доступно в РУДН)
- Информационные ресурсы по доказательной медицине: ДайнаМеd (DynaMed) (доступно для тестирования)
- Алгом (для информации)
- Isabel инструментарий для диагностики (доступно для тестирования)
- Коллекция электронных книг по медицине eBook Clinical Collection (рекомендовано к подписке)



#### **EBSCO** Publishing

- EBSCO более 60 лет на рынке.
   Ведущий поставщик электронных сервисов и баз данных на рынке информационных услуг.
- 32 отделения в 21 стране.
- Представляет более 200 научных, технических и медицинских баз для различных групп пользователей
- 99.6% наших подписчиков продолжают подписку.
- Более 150.000 клиентов (юр. лиц) по всему миру.
- 6 млн. поисков на платформе EBSCO*Host* ежедневно





#### Никакая другая компания не поставляет такой широкий ассортимент электронной информации по медицине





#### Среди наших подписчиков ...



















THE UNIVERSITY of TEXAS
HEALTH SCIENCE CENTER



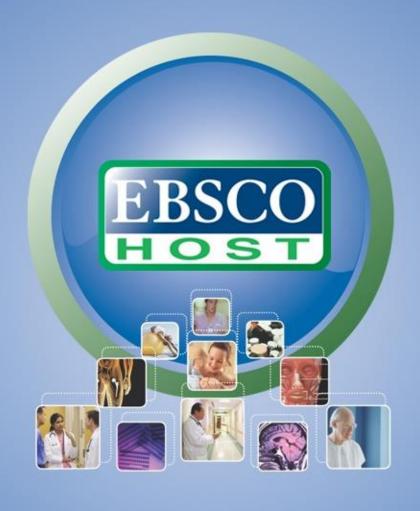










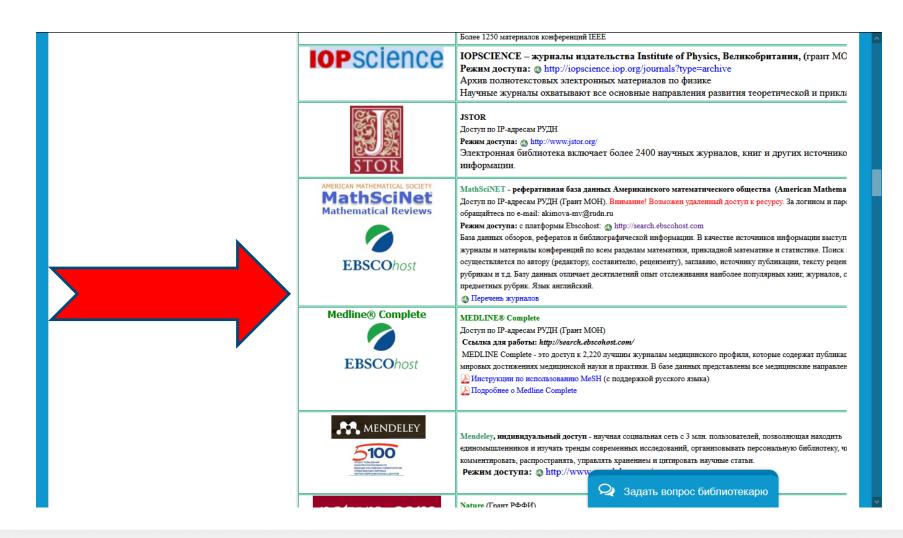


Полнотекстовые журнальные базы данных: Medline Complete и Dentistry & Oral Sciences Source в РУДН

#### Библиотека РУДН



#### Библиотека РУДН





## MEDLINE® Complete

#### **MEDLINE Complete\***

	Всего полно текстовых журналов	Всего полнотекстовых рецензируемых журналов
MEDLINE with Full Text	1,312	1,271
MEDLINE Complete	2,323	2,247

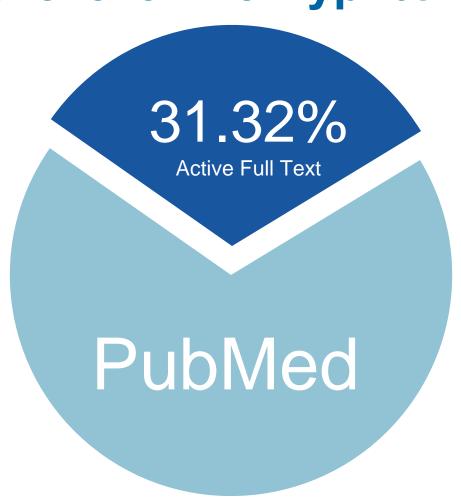
\*доступно в РУДН

## MEDLINE Complete текущие полнотекстовые журналы

MEDLINE Complete
содержит 1,764 текущих
полнотекстовых
журналов из 5,631
журналов индексируемых
в
MEDLINE

Охватывает около 75 % мировых медицинских изданий

\*доступно в РУДН

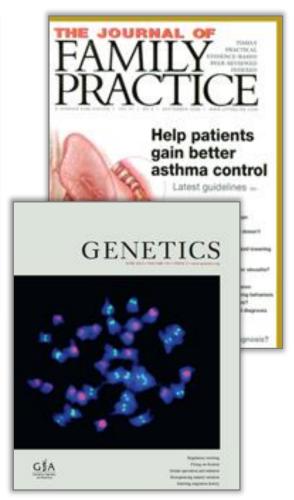


#### Примеры текущих журналов MEDLINE Complete



#### Примеры текущих журналов MEDLINE Complete

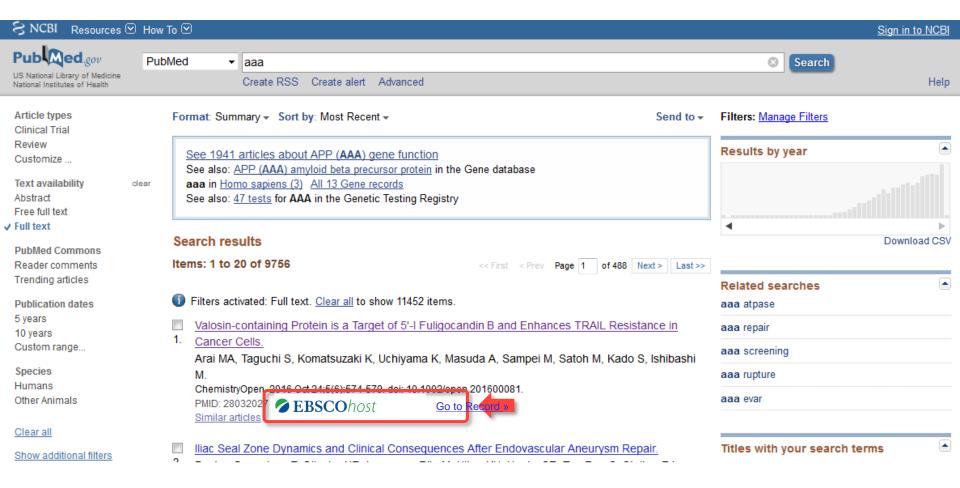




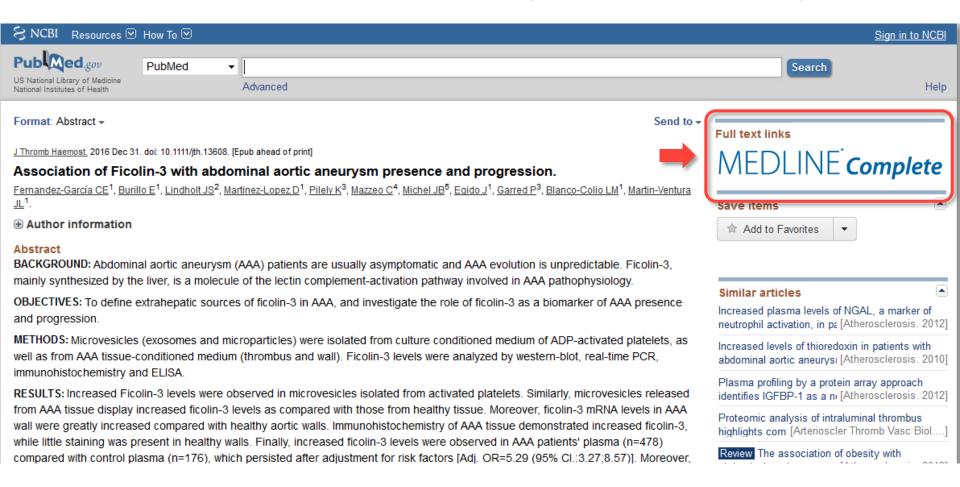


# Возможность настройки ссылок из PubMed на полные тексты из MEDLINE Complete

#### Via PubMed Result Lists

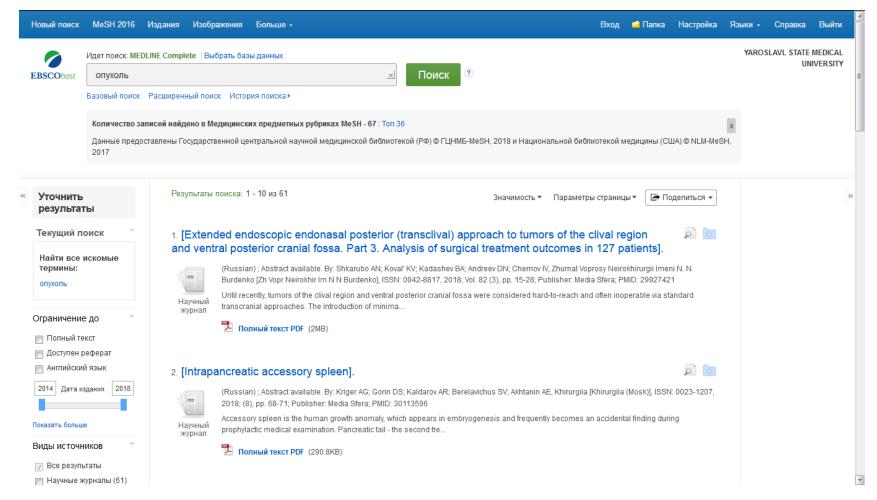


#### Via PubMed Full Records (Abstract Views)



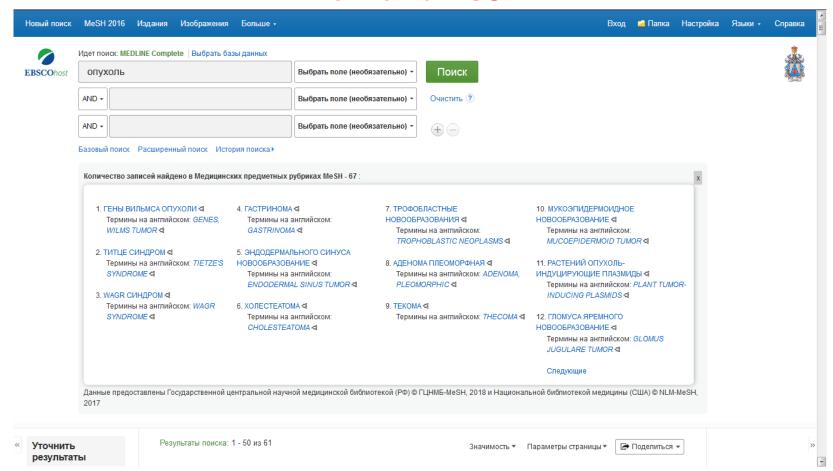


### Только Medline Complete обеспечивает поиск на русском языке по MeSH



#### **Medline Complete**

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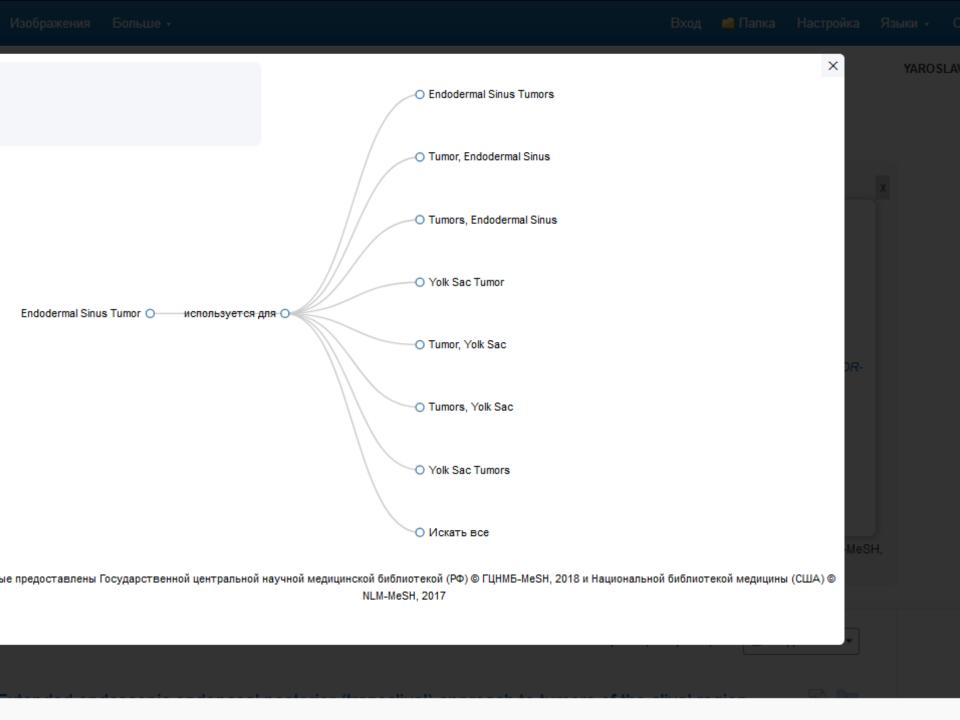


## ЭНДОДЕРМАЛЬНОГО СИНУСА НОВООБРАЗОВАНИЕ Ч Термины на английском: ENDODERMAL SINUS TUMOR Ч

\*доступно в РУДН

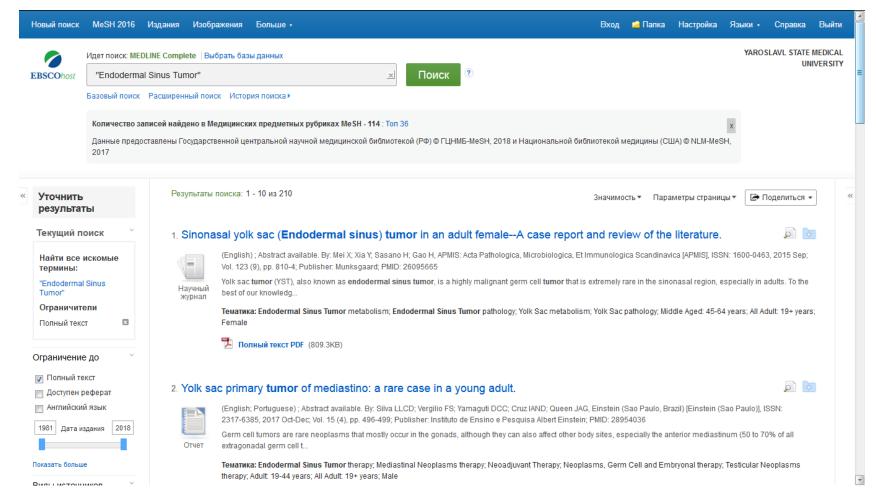
(Russian) : Abstract available, Bv. Shkarubo AN: Koval' KV: Kadashev BA: Andreev DN: Chernov IV. Zhurnal Voprosv Neirokhirurgii Imeni N.

1. [Extended endoscopic endonasal posterior (transclival) approach to tumors of the clival region and ventral posterior cranial fossa. Part 3. Analysis of surgical treatment outcomes in 127 patients].



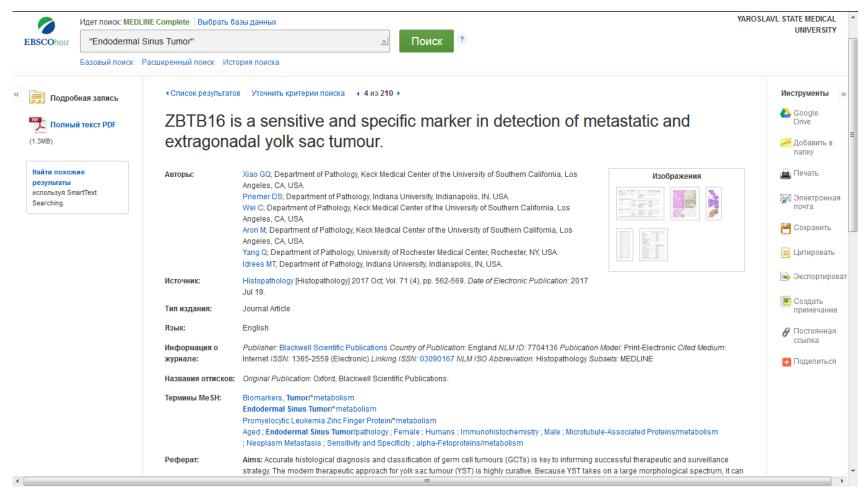


#### Отображение результатов поиска



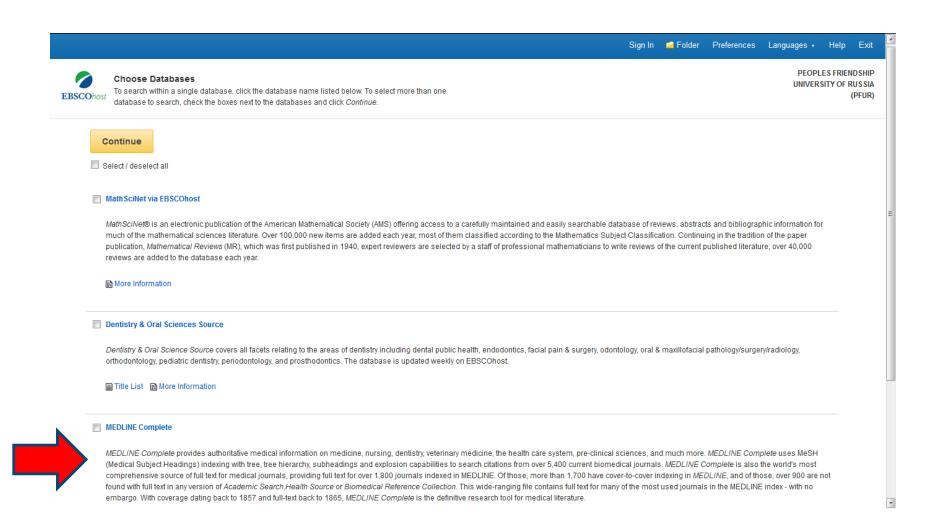


#### Подробное описание и полный текст

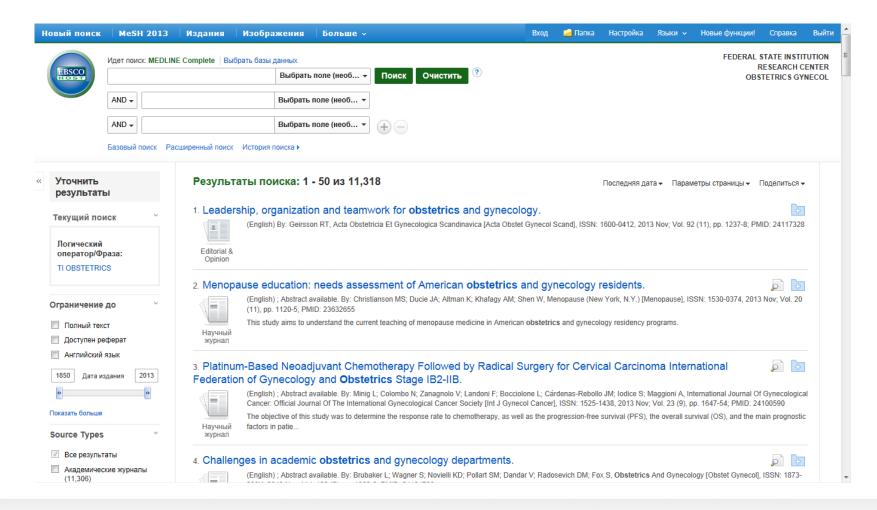


## Как это работает?

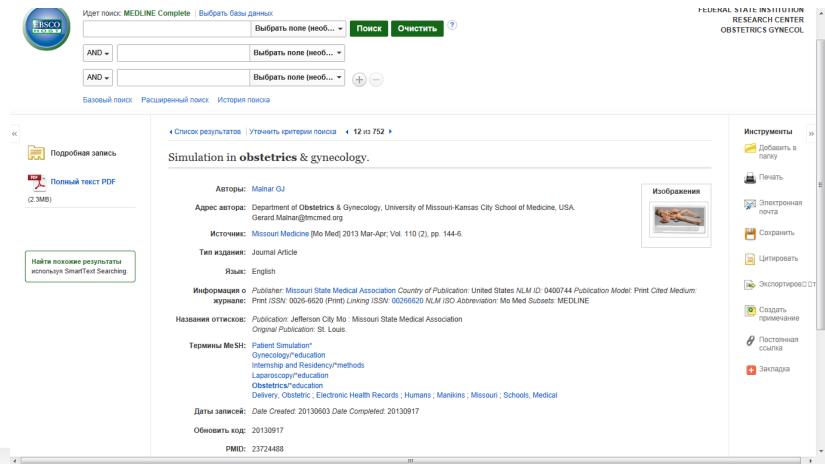
#### Пример поиска в Medline Complete



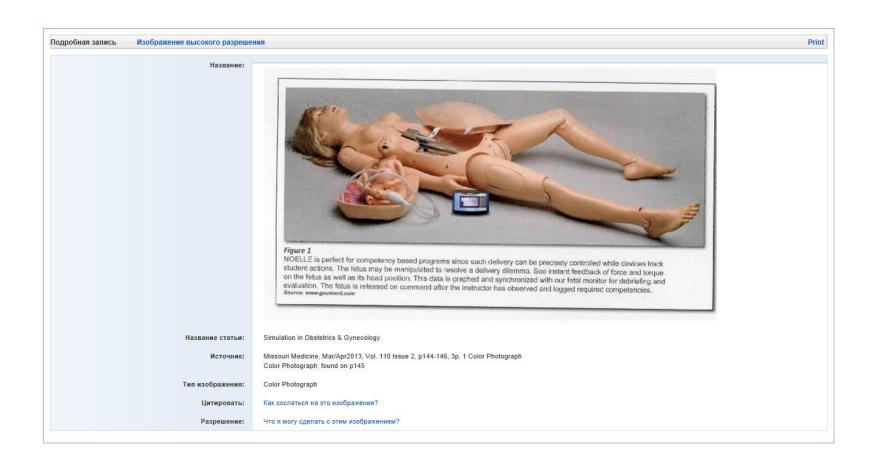
## Поисковый запрос на тему OBSTETRICS



#### Описание статьи



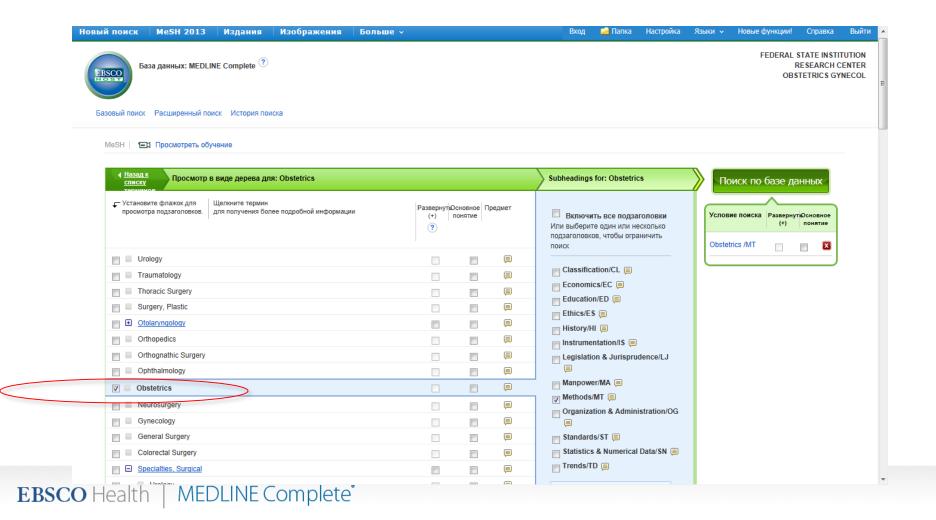
#### Описание иллюстрации



#### Полный текст статьи



#### Поиск по MeSH



#### Описание статьи



Полный текст PDF

Найти похожие результаты используя SmartText Searching. Monitoring severe pre-eclampsia and eclampsia treatment in resource poor countries: skilled birth attendant perception of a new treatment and monitoring chart (LIVKAN chart).

Авторы: Ameh CA; Ekechi CI; Tukur J

Адрес автора: Maternal and Newborn Health Unit, Liverpool School of Tropical Medicine, University of Liverpool, Liverpool, L3

5QA, UK. caameh@liverpool.ac.uk

Источник: Maternal And Child Health Journal [Matern Child Health J] 2012 Jul; Vol. 16 (5), pp. 941-6.

Тип издания: Journal Article

Язык: English

Информация о Publisher: Kluwer Academic/Plenum Publishers Country of Publication: United States NLM ID: 9715672 Publication Model: Print Cited Medium:

журнале: Internet ISSN: 1573-6628 (Electronic) Linking ISSN: 10927875 NLM ISO Abbreviation: Matern Child Health J Subsets: MEDLINE

Названия оттисков: Publication: 1999-: New York, NY: Kluwer Academic/Plenum Publishers

Original Publication: New York: Plenum Press, c1997-

Термины MeSH: Eclampsia\*/therapy

Pre-Eclampsia\*/therapy

Maternal Health Services/\*methods

Midwifery/\*methods

Obstetrics/\*instrumentation

Female; Health Resources; Humans; Male; Maternal Health Services/standards; Middle

Aged; Nigeria; Obstetrics/methods; Perception; Practice Guidelines as Topic; Pregnancy; Pregnancy Complications/prevention &

control; Quality of Health Care; Questionnaires; Severity of Illness Index; Young Adult

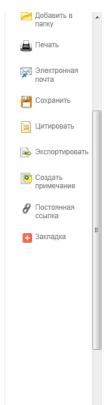
Peфepar: The lack of easy to use protocols and monitoring charts in the management of pre-eclampsia/eclampsia contribute to substandard care of women in resource poor settings. A treatment monitoring tool (LIVKAN chart) has been developed to improve the quality of care for these women. Based on feedback from skilled birth attendants (SBAs), a two page document which provides a visual record of the treatment and monitoring of women with severe pre-eclampsia/eclampsia over a 24 h period was developed. It also contains detailed treatment guidelines as well as a summary of

the woman's treatment. A two page document on instructions for use of the chart was also developed. The chart design was evaluated by different level SBAs via a semi structured questionnaire. There was a 92% (109) response rate. About 30% (33) and 58% (63) of the respondents provided care to women in Primary Health Care and referral health care facilities respectively. Ninety eight percentage of respondents indicated that the chart would be of additional benefit in their care of women with pre-eclamptic/eclampsia. Seventy three percentage of respondents indicated that the chart would also be useful to lower health care facilities respectively. The design of the chart ensures that guidelines for managing/monitoring of patients are instantly available on a concise easy-to-use chart which confers added advantage over other chart designs. Having been evaluated by SBAs, acceptability and utilization in poor resource settings should be high. A study has been designed to evaluate the

acceptability and effectiveness of this new monitoring chart in both BEOCs and CEOCs in two sub-Saharan African countries.

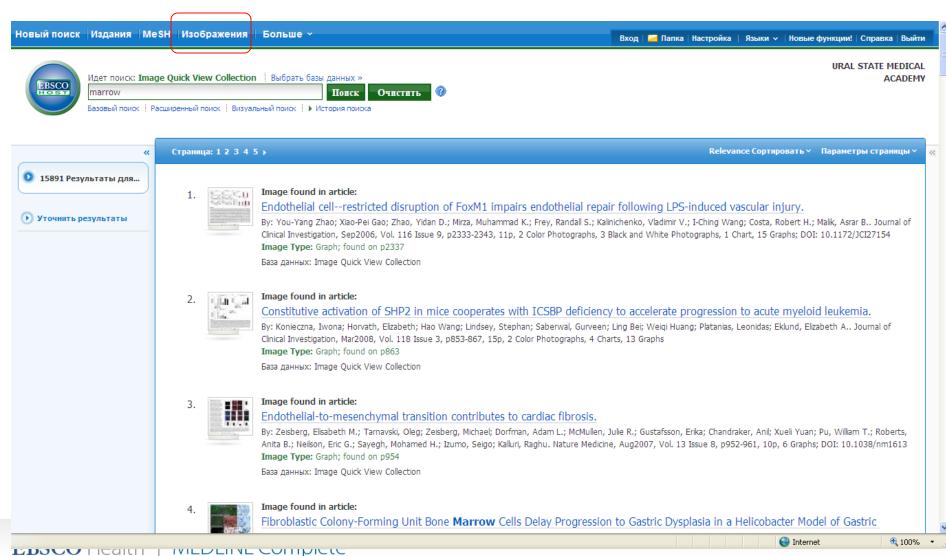
Даты записей: Date Created: 20120628 Date Completed: 20120919

Обновить код: 20121129

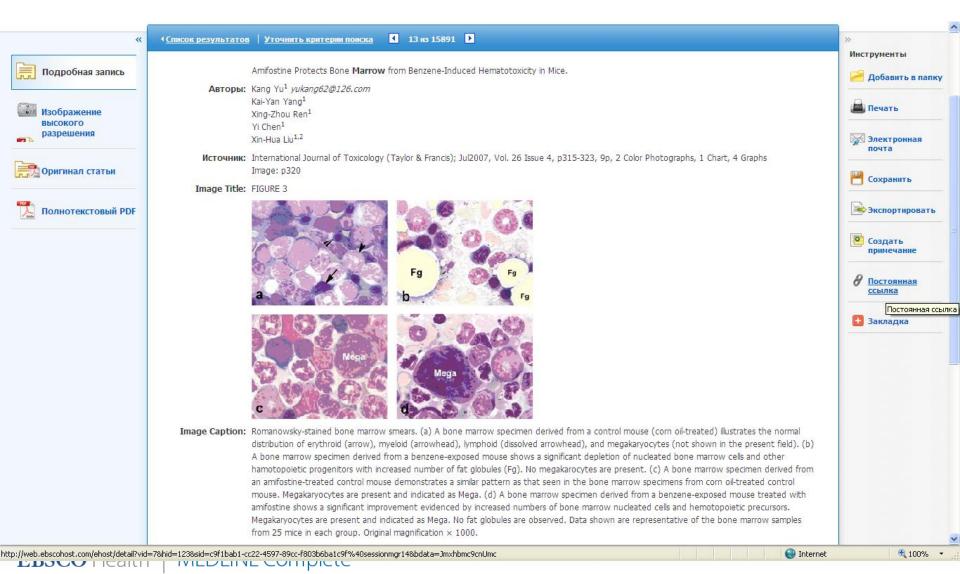


Изображения

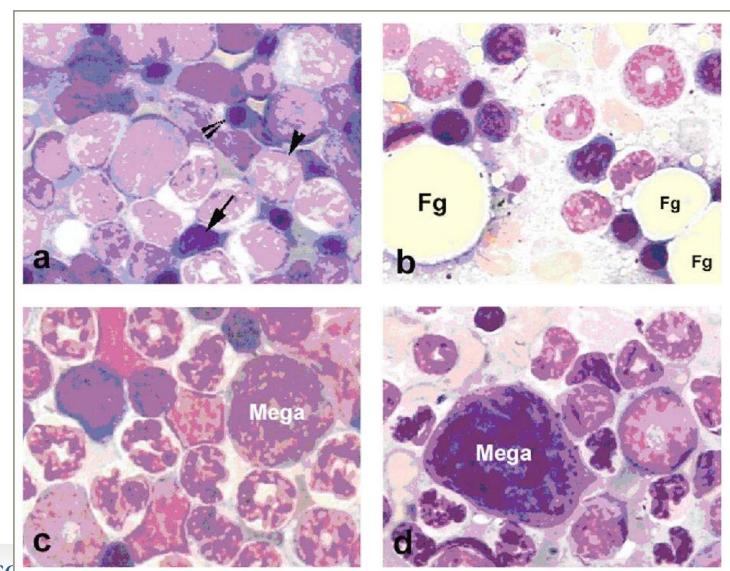
#### Поиск статей по иллюстрациям



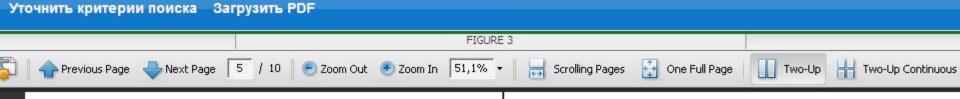
#### Описание иллюстрации и статьи

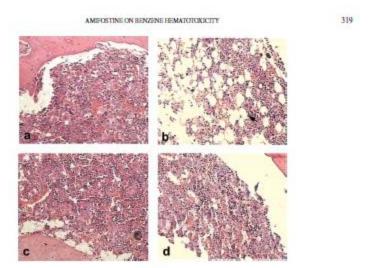


#### Изображение высокого разрешения



#### Оригинал статьи в полном





H&H-stained here marrow section. (a) Corn oil-brand (crettrd), (b) became septoned, (c) unifortine-treated, and (d) unifortine-and became branded riscs.

Here marrow sections from hereone-exposed mice show a significant depletion of here marrow cells and an increased number of fat cells (arrow), whomas unifortine treatment in hereone-exposed mice shows a significant increase in hore marrow cells and decreased number of fat cells. Data shown are approximately on the hose marrow supples from 25 mice in each group. Original magnification x 200.

significant decreases in both BFU-E and CFU-E. Benzene exposure also suppressed CFU-GM in the benzene-exposed mice significantly increased BFU-E, CFU-E, and CFU-GM units to the levels similar to the control values. These results suggest a role for amifostine in preventing benzene-induced damage in bone marrow hematopoietic progenitor differentiation.

Histomorphometric analysis (H&E staining) on tibial sections was next performed, and revealed that henzene-exposed mice showed a significant reduction in bone marrow hematopoietic cells, and this reduction was accompanied by increased number of fat cells (Fig. 2). In addition, Romanowsky-stained bone marrow smears, derived from benzene-exposure mice (Fig. 3b) displayed a variety of nuclearleytoplasmic dyscrusias, including nuclear and cytoplasmic blebbing, vacuolization, atypical mitotic figures, and significant depletion of nucleated bone marrow cells and other hematopoietic progenition. There were no megakaryocytes presented in the bone marrow smears.

significant decreases in both BPU-E and CPU-E. Benzene exposure also suppressed CPU-GM in the bone marrow. In contrast,

> Amifostine has been reported to play important roles in protecting normal cells from apoptosis and stimulating proliferation of several cell lines (Culy and Spencer 2001). We further determined whether amifostine can protect bone marrow cell from benzene-induced apoptosis and promote cell proliferation. As shown in Fig. 4A, TUNEL assay demonstrated that whereas exposure to benzene induced an increase in bone marrow cell apoptosis, as compared to control, amifostine treatment significantly reduced the number of apoptotic cells in the bone marrow, suggesting a role for amifostine in protecting bone marrow cells from benzene-induced apoptosis. Immunohistochemical staining lusing Proliferating Cell Nuclear Antigen (PCNA) antibodies I revealed increased counts of positive-stained bone marrow cells (Fig. 4B), suggesting that amifostine is able to rescind the inhibition of bone marrow cell proliferation induced by bentene exposure.

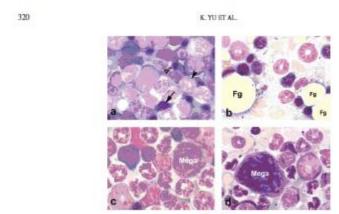
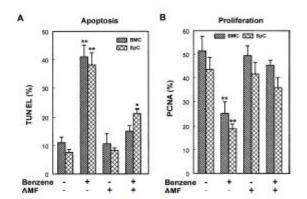


FIGURE .

Remanewsky stained bene numrow amount, (a) A bene numrow specimen derived from a central mone (corn oil-tended) illustrates the normal distribution of anythreid (arrow), myderial (arrowband), hymphoid (distribution of anythreid (arrow on the present field). (b) A bone marrow specimen derived from a bename-exposed measure them a significant depletion of nucleated bone marrow cells and other handrespecial properties with increased number of fat globules (Fg.). No negalizatorytes are present. (c) A bone marrow cells and control from an artification-branked control mouse demonstrates a similar pattern as that some in the bone marrow experiment from corn oil-custed corted mouse. Mogsidaryoxytes are present and indicated as Mags. (d) A bone marrow specimen derived from a benezion-expected mouse treated with amifortime shown a injusticant improvement evidenced by increased numbers of bone marrow nucleated cells and benezione. Mogsidaryoxytes are present and indicated as Mags. No fat globules are observed. Data shown are representative of the bone marrow numbers from the marrow numbers of the bone marrow marginal from 25 of mice in each group. Original magnification x (10) amplification x (10).



#### Dentistry & Oral Sciences Source



Полнотекстовая коллекция журналов по стоматологии



# Охватывает все области стоматологии

- Общая стоматология
- Эстетическая стоматология
- Анестезиология
- Dental Public Health
- Эндодонтическая стоматология
- Судебная одонтология
- Гериатрическая стоматология
- Оральная патология

- Оральная и челюстно-лицевая радиология
- Оральная и челюстно-лицевая хирургия
- Ортодонтия и челюстно-лицевая ортопедия
- Пародонтология
- Педиатрическая стоматология
- Зубопротезирование





Является ли *Dentistry & Oral Sciences Source (DOOS)* тем источником информации, с которого нужно начинать исследование по стоматологии?





# Ни ОДИН из нижеперечисленных журналов не индексируется в *MEDLINE*, но они доступны в *Dentistry & Oral Sciences Source*

- Australasian Dental Practice
- Brazilian Journal of Oral Sciences
- China Journal of Oral
   & Maxillofacial Surgery
- Columbia Dental Review
- Endodontic Practice Today
- Hellenic Orthodontic Review
- International Dental Research
- International Journal of Medical Dentistry
- Journal of International Dental & Medical Research

- Oral Surgery
- Orthodontic Products
- Quintessence of Dental Technology (QDT)
- Revista Española de Cirugía Oral y Maxilofacial
- Revista Odonto Ciencia
- Revista Oral
- Romanian Journal of Stomatology
- Svensk Sjukhustandlaekartidning
- Virtual Journal of Orthodontics



# Сравнение журналов, доступных в MEDLINE и Dentistry & Oral Sciences Source

PUBLICATION NAME	Всего статей в MEDLINE (1/2000 to 9/2015)	Всего статей в DOSS (1/2000 to 9/2015)
CDS Review	793	1,527
Dental Press Journal of Orthodontics	295	680
Dental Traumatology	1,287	1,362
European Journal of Oral Sciences	1,368	1,433
Gerodontology	874	906
International Endodontic Journal	2,068	2,266
International Journal of Oral & Maxillofacial Surgery	3,005	3,369
International Journal of Paediatric Dentistry	1,067	1,309

Кроме того, в *MEDLINE* НЕ отслеживается цитируемость, а в DOSS обеспечено отслеживание цитируемости для более чем 120 журналов, включая *Journal of Dental Research* с 1919 по наст. время.



# Сравнение журналов, доступных в MEDLINE и Dentistry & Oral Sciences Source

PUBLICATION NAME	Total Articles indexed in MEDLINE (1/2000 to 9/2015)	Total Articles indexed in DOSS (1/2000 to 9/2015)
International Journal of Prosthodontics	1,495	1,977
Journal of Adhesive Dentistry	859	908
Journal of Clinical Periodontology	2,530	2,589
Journal of Dental Hygiene	602	1,005
Journal of Esthetic & Restorative Dentistry	901	1,058
Journal of Evidence-Based Dental Practice	835	1,082
Journal of Oral Rehabilitation	2,152	2,199
Journal of Orofacial Pain	519	702

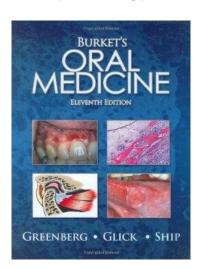
Кроме того, в *MEDLINE* НЕ отслеживается цитируемость, а в DOSS обеспечено отслеживание цитируемости для более чем 120 журналов, включая *Journal of Dental Research* с 1919 по наст. время.

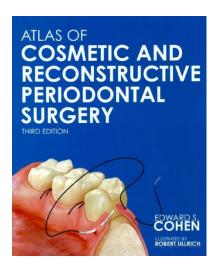


# Dentistry & Oral Sciences полнотекстовые книги и монографии

- Atlas of Cosmetics & Reconstructive Periodontal Surgery
- Burket's Oral Medicine,
   Diagnosis & Treatment
- Clinical Outline of Oral Pathology
- Clinician's Guide to Treatment of HIV-Infected Patients
- Critical Decisions in Periodontology
- Endodontics
- Essentials of Oral Medicine
- Oral Diagnosis, Oral Medicine
   & Treatment Planning
- Oral Health in Geriatrics Patients

- PDQ Endodontics
- PDQ Oral Disease:
   Diagnosis & Treatment
- Peterson's Principles of Oral & Maxillofacial Surgery
- Psychology & Dentistry



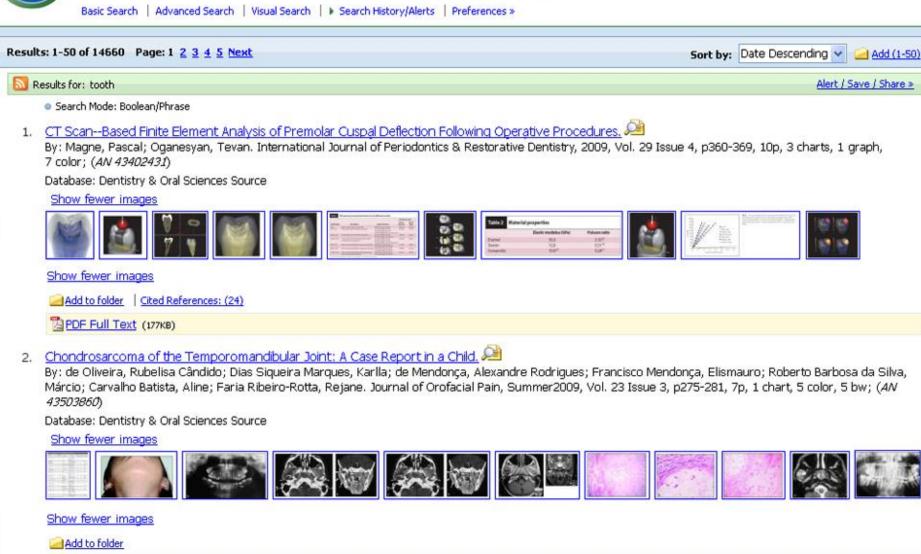








PDF Full Text (740KB)







Title:

Figure 1

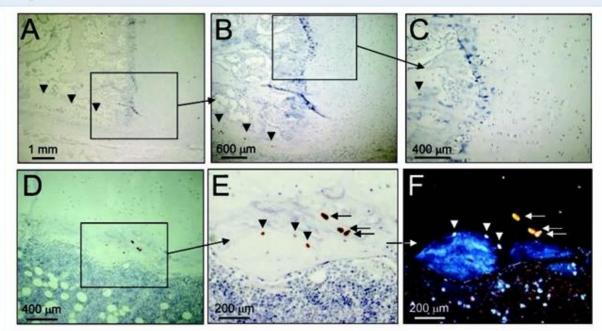


Image Caption:

Sclerostin expression by hypertrophic chondrocytes. (A) Absence of sclerostin expression by chondrocytes in the growth plate of a 1-year-old child. Sclerostin was expressed by osteocytes. (B) Detail of (A) showing sclerostin expression in cortical bone. (C) Detail of (B) showing absence of sclerostin expression in the growth plate, while an osteocyte in trabecular bone is positive. (D) Sclerostin expression in growth plate of a 12-year-old girl. (E) Detail of (D) showing 3 sclerostin-positive mineralized hypertrophic chondrocytes and 3 sclerostin-positive osteocytes. (F) Dark-field image of same area as in (E), showing that the 3 sclerostin-positive osteocytes are located within lamellar bone, while the 3 hypertrophic chondrocytes are not.  $\square$  Sclerostin-positive osteocytes;  $\leftarrow$  sclerostin-positive hypertrophic chondrocytes.

Article Title: Sclerostin in Min

Sclerostin in Mineralized Matrices and van Buchem Disease.

Source:

Journal of Dental Research, Jun2009, Vol. 88 Issue 6, p569-574, 6p, 6 color, 8 bw Color Photograph; found on p570

Image Type:

Color Photograph

Cite:

How do I cite this image?

Permission:

What am I allowed to do with this image?

# Ресурсы по доказательной медицине



# Примеры баз данных по доказательной медицине

- Кокрейновская библиотека (Арчи Кокрейн)
- DynaMed
- UptoDate
- Gideon
- Алгом
- Isabel





#### Кокрейновская библиотека

Ее основная задача – собирать новейшую, достоверную информацию о результатах медицинских вмешательств.

СТРОГО ДОКАЗАННЫЕ НАУЧНЫЕ ФАКТЫ НЕОБХОДИМЫ ДЛЯ ОКАЗАНИЯ КВАЛИФИЦИРОВАННОЙ МЕДИЦИНСКОЙ ПОМОЩИ, ОДНАКО НАЙТИ И ОБОБЩИТЬ ТАКИЕ ФАКТЫ НЕЛЕГКО.



#### **Cochrane Collection Plus**

Состоит из следующих шести разделов:

- 1. Cochrane Database of Systematic Reviews (CDSR)
- 2.NHS Economic Evaluation Database (NHS EED) (April 2015)
- 3. Health Technology Assessments (HTA)
- 4. Database of Abstracts of Reviews of Effects (DARE) (Apr 2015)
- 5. Cochrane Central Register of Controlled Trials (July 2012)
- 6. Cochrane Methodology Register



### **Cochrane Database of Systematic Reviews**

#### Кокрановский систематический обзор:

- Отвечает на четко сформулированный клинический вопрос;
- Базируется на результатах поиска всех источников информации на разных языках;
- Анализирует достоверность данных исследований путем оценки надежности методов сбора и обработки клинической информации;
- Обобщает только доброкачественные данные;
- Регулярно обновляется по мере получения новых результатов испытаний.



### **Cochrane Database of Systematic Reviews**

Кокрановский систематический обзор позволяет сделать вывод о том, что:

- Вмешательство несомненно эффективно и его необходимо применять;
- Вмешательство неэффективно и его не следует применять;
- Вмешательство наносит вред и его следует запретить;
- Польза или вред не доказаны и требуются дальнейшие исследования.



### **Cochrane Database of Systematic Reviews**

#### Кокрановский систематический обзор незаменим для:

- Организаторов здравоохранения;
- Практикующих врачей;
- Исследователей, планирующих проведение клинических испытаний;
- Подготовка практических рекомендаций для врачей;
- Пациентов, заинтересованных в данных новейших исследований.

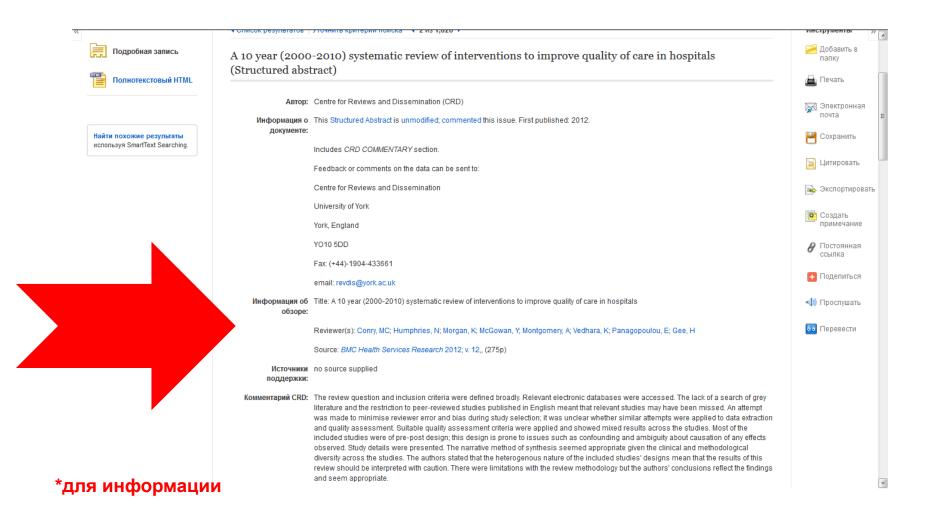


### Database of Abstracts of Reviews of Effects (DARE)

- База данных Database of Abstracts of Reviews of Effects (DARE) содержит рефераты опубликованных систематических обзоров по результатам работы в области охраны здоровья во всем мире, критически проанализированных в соответствии с высокими стандартами оценки.
- База данных обеспечивает доступ к высококачественным обзорам по тематике, которая может отсутствовать в Кокрейновских систематических обзорах.



#### Database of Abstracts of Reviews of Effects





## Полный текст из Medline Complete



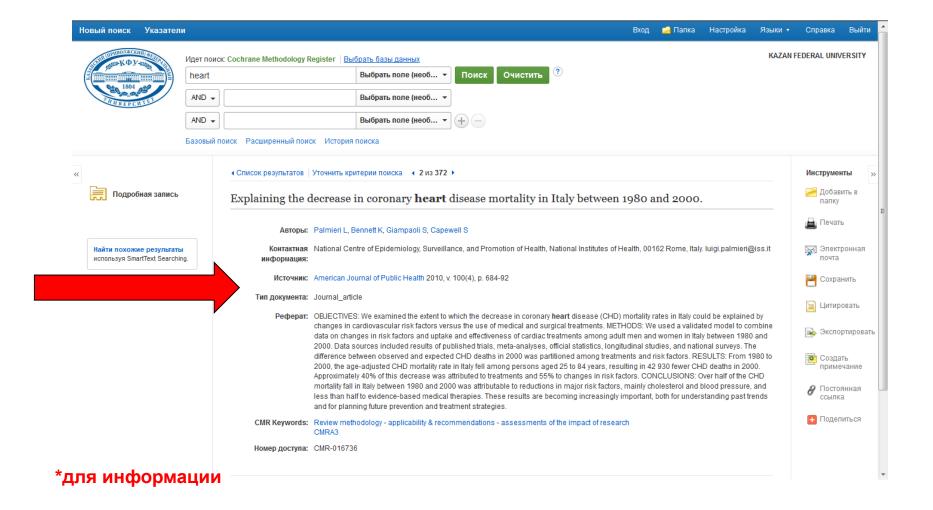


## Cochrane Methodology Register

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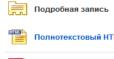


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#### Explaining the decrease in coronary heart disease mortality in Italy between 1980 and 2000. Авторы: Palmieri L; National Centre of Epidemiology, Surveillance, and Promotion of Health, Изображения National Institutes of Health, 00162 Rome, Italy. luigi.palmieri@iss.it Giampaoli S Capewell S Источник: American Journal Of Public Health [Am J Public Health] 2010 Apr; Vol. 100 (4), pp. 684-92. Date of Electronic Publication: 2009 Jul 16. Тип издания: Journal Article; Research Support, Non-U.S. Gov't Язык: English Информация о Publisher: American Public Health Association Country of Publication: United States NLM журнале: ID: 1254074 Publication Model: Print-Electronic Cited Medium: Internet ISSN: 1541-0048 (Electronic) Linking ISSN: 00900036 NLM ISO Abbreviation: Am J Public Health Subsets:

Термины MeSH: Coronary Disease/\*mortality

Adult; Age Factors; Aged; Aged, 80 and over; Blood Pressure; Body Mass Index; Cholesterol/blood; Coronary Disease/prevention & control ; Coronary Disease/surgery; Coronary Disease/therapy; Female; Hospitalization/statistics & numerical data; Hospitalization/trends

; Humans; Italy/epidemiology; Male; Middle Aged; Models, Theoretical; Mortality/trends; Risk Factors; Sex Factors

Pedpear: Objectives: We examined the extent to which the decrease in coronary heart disease (CHD) mortality rates in Italy could be explained by changes in cardiovascular risk factors versus the use of medical and surgical treatments.

Methods: We used a validated model to combine data on changes in risk factors and uptake and effectiveness of cardiac treatments among adult men and women in Italy between 1980 and 2000. Data sources included results of published trials, meta-analyses, official statistics, longitudinal studies, and national surveys. The difference between observed and expected CHD deaths in 2000 was partitioned among

treatments and risk factors.

Core Clinical (AIM); MEDLINE

Original Publication: New York [etc.]

Названия оттисков: Publication: Washington, DC: American Public Health Association

Results: From 1980 to 2000, the age-adjusted CHD mortality rate in Italy fell among persons aged 25 to 84 years, resulting in 42 930 fewer

CHD deaths in 2000. Approximately 40% of this decrease was attributed to treatments and 55% to changes in risk factors. Conclusions: Over half of the CHD mortality fall in Italy between 1980 and 2000 was attributable to reductions in major risk factors, mainly

cholesterol and blood pressure, and less than half to evidence-based medical therapies. These results are becoming increasingly

important, both for understanding past trends and for planning future prevention and treatment strategies.

Комментарии: Cites: Circulation. 2000 Sep 26;102(13):1511-6. (PMID: 11004141)

Cites: BMJ. 1994 Jul 2;309(6946):23-7. (PMID: 8044063)

Cites: J Am Coll Cardiol. 2000 Dec;36(7):2056-63. (PMID: 11127441)

Cites: Eur Heart J. 2001 Apr;22(7):554-72. (PMID: 11259143)

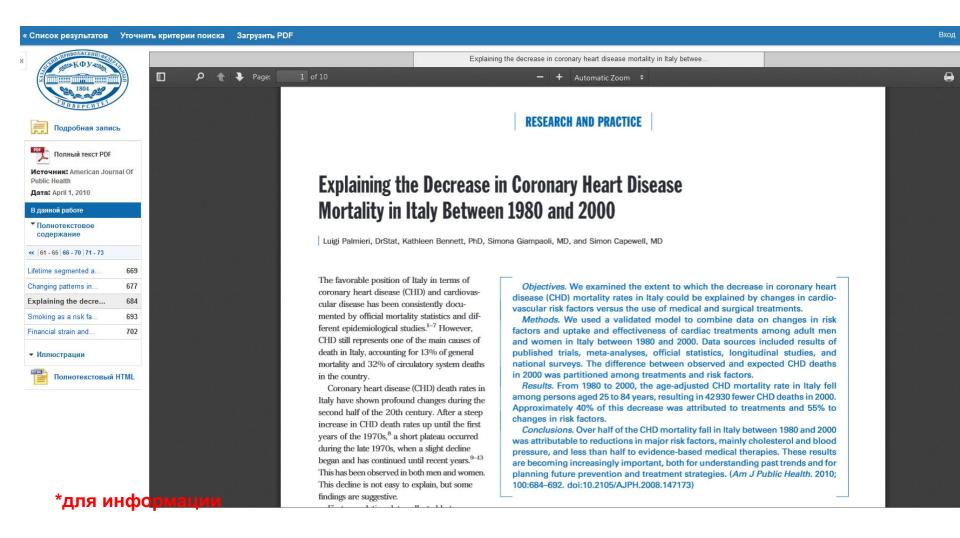
Cites: Health Econ. 1994 Mar-Apr;3(2):95-104. (PMID: 8044216)

Cites: JAMA, 1995 Jul 12:274(2):131-6. (PMID: 7596000)

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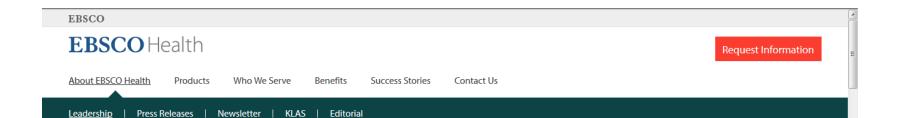


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and Publisher at the American Medical Association. She brings a wealth of experience in clinical information, content expertise and industry knowledge to EBSCO Health.



Brian S. Alper, MD, MSPH, FAAFP

Founder of DynaMed, Vice President of EBM Research & Development, Quality and Standards

Brian Alper, MD, MSPH, FAAFP is Founder of *DynaMed* and Vice President of EBM Research and Development, Quality & Standards for EBSCO Health. He is board certified from the American Board of Family Medicine and a Fellow at the American Academy of Family Physicians.

Brian earned his MD at Hahnemann University, completed his residency in family medicine at Penn State University/Good Samaritan Hospital, and served a fellowship at the University of Missouri-Columbia. He is a member of American College of Physicians; The Grading of Recommendations Assessment, Development and Evaluate (GRADE) Working Group; The World Association of Medical Editors; and the Rosalind Franklin University Global Health Advisory Board. Dr. Alper developed *DynaMed* while still in medical school after recognizing the need for clinicians to have the most useful information available in a format designed for use at the point of care.



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Dr. Aird is Deputy Editor of Hematology, Endocrinology, and Nephrology at *DynaMed*. He is a physician at Beth Israel Deaconess Medical Center, Professor of Medicine at Harvard Medical School and serves as Chief of the Division of Molecular and Vascular Medicine at BIDMC. He received his medical degree from the University of Western

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Co-Founder and Co-Editor-in-Chief, PEMSoft, Senior Deputy Editor of EBSCO Health, Professer Emeritus of Pediatrics and Emergency Medicine at the University of California, San Francisco

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Kathy A. Jensen, MHA, RN Medical Client Services Manager

Kathy Jensen, MHA, RN, serves as the Medical Client Services Manager for EBSCO Health and is responsible for medical/nursing point-of-care database education and training of customers throughout the US and Canada. She works directly with nursing and physician leadership to integrate clinical decision support and evidence-based practice into

their workflows. Kathy previously served as Clinical Sales Solution Specialist at McKesson Provider Technologies, where she was responsible for enterprise clinical software solution sales and implementation in SE US. Kathy has more than 25 years of experience in healthcare management/operations and medical information technology (sales, product management and training) and her clinical background includes CSICU, CV Surgery and ED. She is a Registered Nurse, Health Care Risk Manager and holds a Master of Science Degree in Healthcare Administration.



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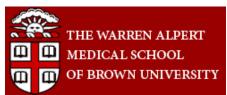
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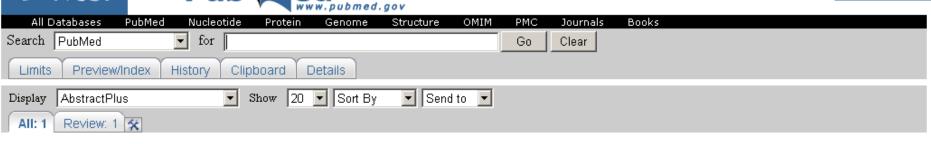
- · 2006 AHA/ACC secondary prevention guidelines
  - o complete avoidance of tobacco smoke
    - ask about tobacco use status at every visit, advise/assess/assist/arrange support for auittina
    - urge avoidance of exposure to environmental tobacco smoke at work and home
  - o 30-60 minutes of moderate-intensity aerboic activity 5-7 days per week
  - o blood pressure goal < 140/90 mmHg or < 130/80 mmHg if diabetes or chronic kidney disease
    - weight control, increased physical activity, alcohol moderation, sodium reduction; increased consumption of fresh fruits, vegetables and low-fat dairy products
    - medication as tolerated if needed starting with beta blockers and/or ACE inhibitors
  - lipid goals LDL cholesterol < 100 mg/dL (2.6 mmol/L); if triglycerides > 200 mg/dL (2.3 mmol/L), then non-HDL cholesterol < 130 mg/dL (3.4 mmol/L)
    - diet
      - reduce intake of trans-fatty acids, saturated fats (to < 7% total calories),</li> chohlesterol (to < 200 mg/day)
      - increase consumntion of omega-3 fatty acids via fish or capsules

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- pro
- lower goal (LDL cholesterol < 70 mg/dL [1.8 mmol/L] on p-HDL cholesterol < 100</li> mg/dL [2.6 mmol/L]) is reasonable
  - NO valid evidence found to support assumption that degree f LDL cholesterol lowering with statins independently predicts cardiovascular reduction in patients with LDL cholesterol levels < 130 mg/dL (3.36 mmol/L) (Ann Intern Med 2006 Oct 3;145(7):520 EBSCOhost Full Text), commentary can be found in Ann Intern Med 2007 Apr 17;146(8):614 EBSCOhost Full Text
- drug options for reducing non-HDL cholesterol include LDL-cholesterol lower therapy (statin), niacin, fibrate
- $\wedge$  goal hody mass index 18.5-24.9 kg/m<sup>2</sup> with waist circumference < 40 inches in men and < 35.

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Ann Intern Med. 2007 Apr 17;146(8):614; author reply 614-5. Ann Intern Med. 2007 Apr 17;146(8):614; author reply 614-5.

Narrative review: lack of evidence for recommended low-density lipoprotein treatment targets: a solvable problem.

#### Hayward RA, Hofer TP, Vijan S.

Department of Veterans Affairs, VA Center for Practice Management and Outcomes Research, VA Ann Arbor Healthcare System, and University of Michigan Schools of Medicine and Public Health, Ann Arbor, Michigan 48113-0170, USA. rhayward@umich.edu

Recent national recommendations have proposed that physicians should titrate lipid therapy to achieve low-density lipoprotein (LDL) cholesterol levels less than 1.81 mmol/L (<70 mg/dL) for patients at very high cardiovascular risk and less than 2.59 mmol/L (<100 mg/dL) for patients at high cardiovascular risk. To examine the clinical evidence for these recommendations, the authors sought to review all controlled trials, cohort studies, and casecontrol studies that examined the independent relationship between LDL cholesterol and major cardiovascular outcomes in patients with LDL cholesterol levels less than 3.36 mmol/L (<130 mg/dL). For those with LDL cholesterol levels less than 3.36 mmol/L (<130 mg/dL), the authors found no clinical trial subgroup analyses or valid cohort or case-control analyses suggesting that the degree to which LDL cholesterol responds to a statin independently predicts the degree of cardiovascular risk reduction. Published studies had avoidable limitations, such as a reliance on ecological (aggregate) analyses, use of analyses that ignore statins' other proposed mechanisms of action, and failure to account for known confounders (especially healthy volunteer effects). Clear, compelling evidence supports near-universal empirical statin therapy in patients at high cardiovascular risk (regardless of their natural LDL cholesterol values), but current clinical evidence does not demonstrate that titrating lipid therapy to achieve proposed low LDL cholesterol levels is beneficial or safe.

PMID: 17015870 [PubMed - indexed for MEDLINE]

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  - o complete avoidance of tobacco smoke
    - ask about tobacco use status at every visit, advise/assess/assist/arrange support for quitting
    - urge avoidance of exposure to environmental tobacco smoke at work and home
  - o 30-60 minutes of moderate-intensity aerboic activity 5-7 days per week
  - o blood pressure goal < 140/90 mmHg or < 130/80 mmHg if diabetes or chronic kidney disease
    - weight control, increased physical activity, alcohol moderation, sodium reduction; increased consumption of fresh fruits, vegetables and low-fat dairy products
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  - lipid goals LDL cholesterol < 100 mg/dL (2.6 mmol/L); if triglycerides > 200 mg/dL (2.3 mmol/L), then non-HDL cholesterol < 130 mg/dL (3.4 mmol/L)
    - diet
      - reduce intake of trans-fatty acids, saturated fats (to < 7% total calories),</li> chohlesterol (to < 200 mg/day)
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- drug options for reducing non-HDL cholesterol include LDL-cholesterol lower therapy (statin), niacin, fibrate
- $\wedge$  goal hody mass index 18.5-24.9 kg/m<sup>2</sup> with waist circumference < 40 inches in men and < 35.









#### **Annals of Internal Medicine**

REVIEW

## Narrative Review: Lack of Evidence for Recommended Low-Density Lipoprotein Treatment Targets: A Solvable Problem

Rodney A. Hayward, MD; Timothy P. Hofer, MD, MSc; and Sandeep Vijan, MD, MSc

Recent national recommendations have proposed that physicians should titrate lipid therapy to achieve low-density lipoprotein (LDL) cholesterol levels less than 1.81 mmol/L (<70 mg/dL) for patients at very high cardiovascular risk and less than 2.59 mmol/L (<100 mg/dL) for patients at high cardiovascular risk. To examine the clinical evidence for these recommendations, the authors sought to review all controlled trials, cohort studies, and case—control studies that examined the independent relationship between LDL cholesterol and major cardiovascular outcomes in patients with LDL cholesterol levels less than 3.36 mmol/L (<130 mg/dL).

For those with LDL cholesterol levels less than 3.36 mmol/L (<130 mg/dL), the authors found no clinical trial subgroup analyses or valid cohort or case-control analyses suggesting that the

degree to which LDL cholesterol responds to a statin independently predicts the degree of cardiovascular risk reduction. Published studies had avoidable limitations, such as a reliance on ecological (aggregate) analyses, use of analyses that ignore statins' other proposed mechanisms of action, and failure to account for known confounders (especially healthy volunteer effects). Clear, compelling evidence supports near-universal empirical statin therapy in patients at high cardiovascular risk (regardless of their natural LDL cholesterol values), but current clinical evidence does not demonstrate that titrating lipid therapy to achieve proposed low LDL cholesterol levels is beneficial or safe.

Ann Intern Med. 2006;145:520-530. For author affiliations, see end of text.

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n 2004, a National Cholesterol Education Program (NCEP) expert panel recommended that physicians titrate lipid therapy to reach a low-density lipoprotein (LDL) cholesterol level less than 1.81 mmol/L (<70 mg/

confounded by dietary factors or LDL subparticles that are the true causal factors (7–11).

These concerns seemed to be allayed when multiple clinical trials showed that statin therapy dramatically de-



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Тор	Medications:					
General Information (including ICD-9/-10 Co						
Causes and Risk Factors	vel of Evidence labels coronary artery disease unless contraindication					
Complications and Associated Conditions	■ reduces otal mortality cardiovascular mortality and cardiovascular event rate					
History	o clopidogrel (P vix) slightly more pective than aspirin and much more expensive					
Physical	o addition of classidogrel to aspiring the effective for secondary prevention but NOT primary prevention of ardiovascular disease (level 2 [mid-level] evidence)					
Diagnosis	o see Antiplate agents for coronary artery disease					
Prognosis	anticoagulants may e useful in selected patients - see <u>Anticoagulation for coronary artery disease</u>					
Treatment	<ul> <li>beta blockers reduce mortality - see <u>Beta blockers for coronary artery disease</u></li> </ul>					
Prevention and Screening	ACE inhibitors  ACE INDICATE ACE INDICATE  ACE INDICATE					
References including Reviews and Guidelines	o ACE inhibitors ower rates of mortality, myocardial infarction, and hospital admission for heart failure (level 1 [likely reliable] evidence) in patients with coronary artery disease <u>with</u> and <u>without</u> left ventricular dysfunction or heart failure					
Patient Information	<ul> <li>clinical efficacy varies across trials</li> </ul>					
Acknowledgements	<ul> <li>largest reported effect in patients without heart failure was NNT 28 for combined outcome of cardiovascular death, myocardial infarction or stroke over 5 years in</li> </ul>					
Send Comment to Editor	HOPE trial					
Get CME/CE For This Search	<ul> <li>NNT 18 for mortality in patients with heart failure and recent myocardial infarction</li> </ul>					
	<ul> <li>smaller trials and trials lasting 2 years or less generally did not find statistically significant benefits</li> </ul>					
	<ul> <li>see <u>ACE inhibitors for coronary artery disease</u> for details</li> </ul>					
	<ul> <li>ACE inhibitors should be started after myocardial infarction - see <u>acute myocardial</u> <u>infarction</u></li> </ul>					
*для информации	<ul> <li>combination of ACE inhibitor and angiotensin receptor blocker (ARB) does not improve survival compared to either monotherapy after myocardial infarction (level 1 [likely reliable] evidence); 14,703 patients with heart failure or left ventricular systolic dysfunction randomized within 10 days of acute myocardial infarction to valsartan (titrated to 160 mg twice</li> </ul>					

daily) vs. captopril (titrated to 50 mg 3 times daily) vs. both (valsartan titrated to 80 mg twice daily

# \*для информации

Physician 2004 Feb 1:69(3):548-56.

 grade C recommendation (lacking direct evidence) This labeling scheme is formally named the Strength Of Recommendation Taxonomy (SORT)

and is described in detail, along with the algorithms used for its application, in Am Fam



Find:

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largest reported effect in patients without heart failure was NNT 28 for combined outcome of cardiovascular

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z Browse by Category Coronary artery disease (CAD) Search within text Expand All Collapse All Get CME For This Search Medications: Top Antiplatelet agents: General Information (including ICD-9/-10 Codes) aspirin 75-325 mg/day o recommended for all patients with coronary artery disease unless contraindication (allergy to aspirin, active Causes and Risk Factors bleeding) Complications and o reduces total mortality, cardiovascular mortality and cardiovascular event rate Associated Conditions clopidogrel (Plavix) slightly more effective than aspirin and much more expensive addition of clopidogrel to aspirin may be effective for secondary prevention but NOT primary prevention of History cardiovascular disease (level 2 [mid-level] evidence) · see Antiplatelet agents for coronary artery disease Physical Diagnosis Anticoagulation: indications for anticoagulation following myocardial infarction Prognosis clear indications if persistent atrial fibrillation or intracardiac thrombus Treatment suggested indications if large anterior myocardial infarction, significant heart failure, or history of thromboemoblic Prevention and Screening o suggested if able to provide meticulous monitoring of international normalized ratio (INR) and highly skilled Quality Improvement medication adjustments · addition of warfarin (target INR 2-3) to aspirin after acute coronary syndrome reduces risk of myocardial infarction and References including stroke but increases risk of major bleeding (level 1 [likely reliable] evidence) Reviews and Guidelines see Anticoagulation for coronary artery disease for details Patient Information Beta blockers: Acknowledgements beta blockers decrease myocardial oxygen consumption by lowering heart rate and decreasing contractility Send Comment to Editor beta blockers reduce mortality in patients with history of myocardial infarction even in patient populations with relative contraindications (for example, pulmonary disease or renal insufficiency) Search Other Services the use of beta blockers in the post myocardial infarction setting has been shown to reduce both recurrent myocardial infarction and overall mortality o reduction in mortality may be greatest after a 6 month window · see Beta blockers for details ACE inhibitors and angiotensin receptor blockers: ACE inhibitors o ACE inhibitors lower rates of mortality, myocardial infarction, and hospital admission for heart failure (level 1 [likely reliable] evidence) in patients with coronary artery disease with and without left ventricular dysfunction or heart

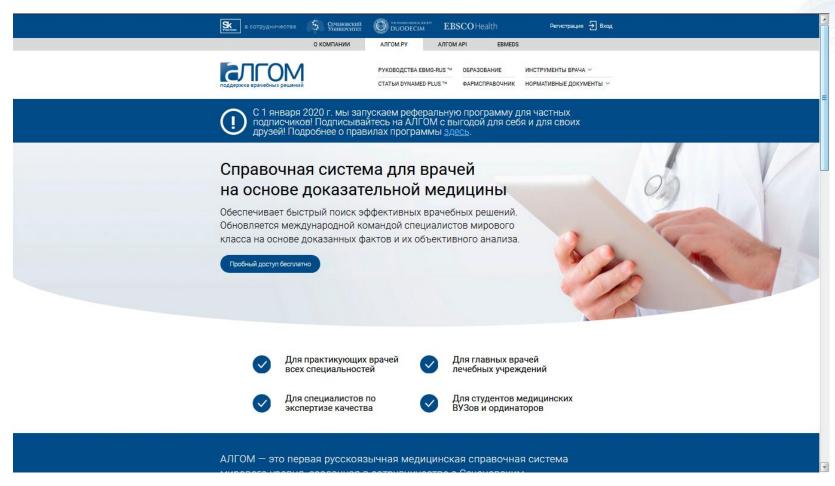
failure

o clinical efficacy varies across trials

\*для информации

#### Алгом







АЛГОМ — это первая русскоязычная медицинская справочная система мирового уровня, созданная в сотрудничестве с Сеченовским Университетом, Финским научным медицинским обществом DUODECIM и ведущим мировым поставщиком научной медицинской информации EBSCO Health, основанная на доказательной медицине и соответствующая нормативным и регламентирующим документам Российской Федерации.

# Медицинская справочная система АЛГОМ содержит:

#### **Б**ЛГОМ

Поисковую машину для получения нужной информации за одну минуту при помощи одного запроса

#### **DUODECIM**

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#### ( ) Cochrane

4 285 резюме доказательств, результатов метаанализа данных из международных баз по доказательной медицине

#### \*для информации











## Overview





Основана в 2000 году Jason Maude и названа в честь его дочери, которая чуть не умерла в результате смертельного заболевания, которое не было своевременно диагностировано.

Ізаbel является диагностической системой в помощь медикам (клиницистам), которая расширяет перечень потенциальных диагнозов и позволяет распознать заболевание на ранней стадии. Система генерирует перечень "Don't Miss Diagnoses."







## ОПРЕДЕЛЕНИЕ

Процесс оценки вероятности одного заболевания против других заболеваний, которые возможно генерируют симптомы у пациента.



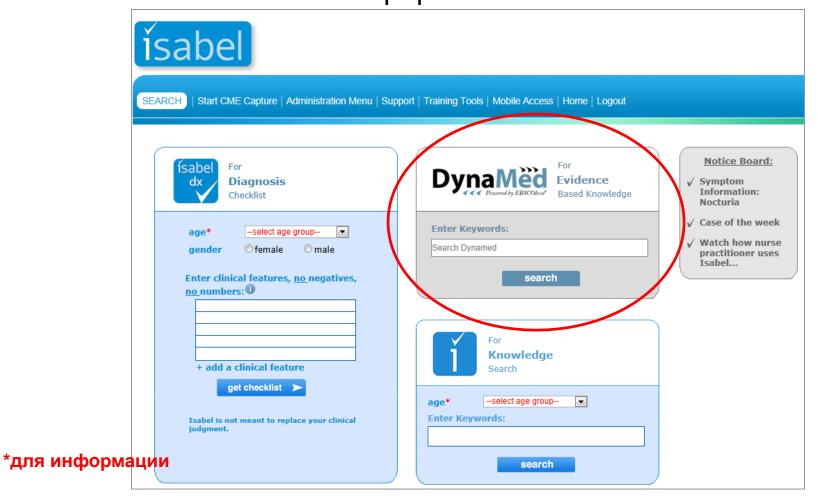
### ПРИМЕР

Дифференцированный диагноз (differential diagnosis) больного []горла (sore throat) включает laryngitis, influenza, strep throat and tonsillitis среди прочих.



## **Product Overview**

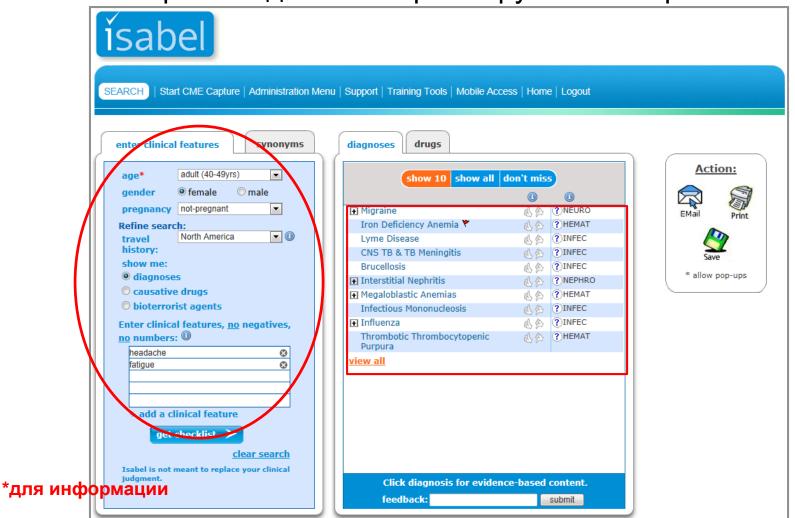
Isabel содержит свыше 6,000 обозначений заболеваний, вызываемые множественными признаками и симптомами. Подписчики Isabel и Dynamed получают возможность интегрированного поиска:





## Как работает Isabel

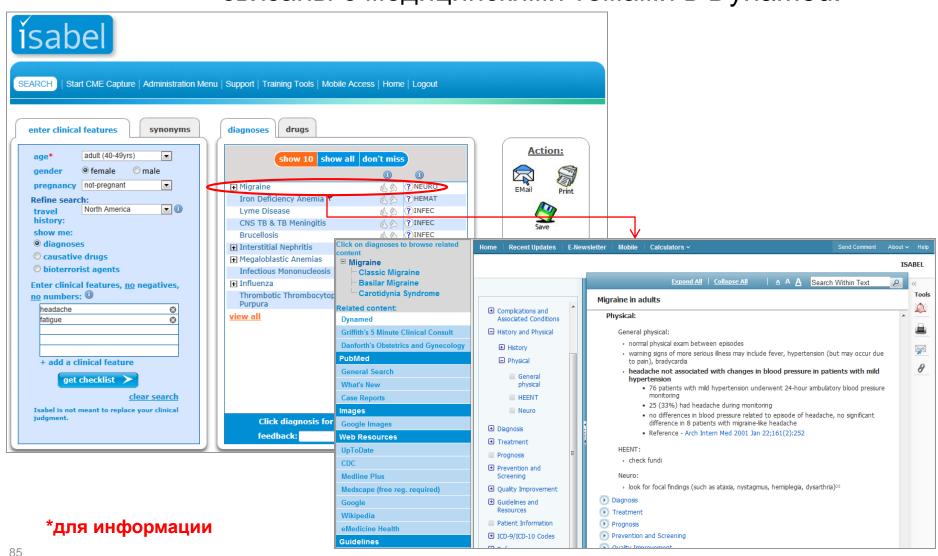
Пользователи вносят клинические параметры, такие как возраст, пол и симптомы, после чего система генерирует перечень диагнозов ранжируя их по вероятности.





# Как работает Isabel

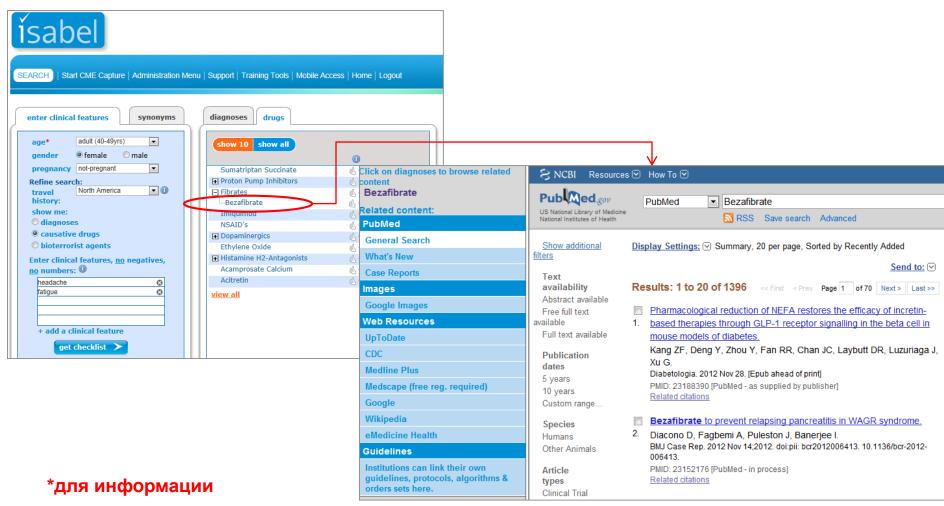
При интеграции с DynaMed, результаты автоматически связаны с медицинскими темами в DynaMed.





# Как работает Isabel

При отсутствии интеграции с DynaMed или в случае отсутствия соответствующей темы, ссылка идет на Pubmed.





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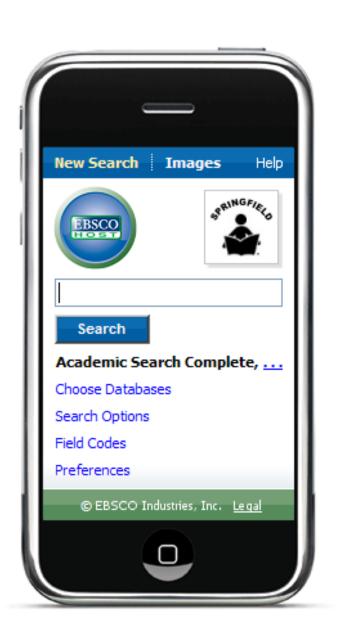
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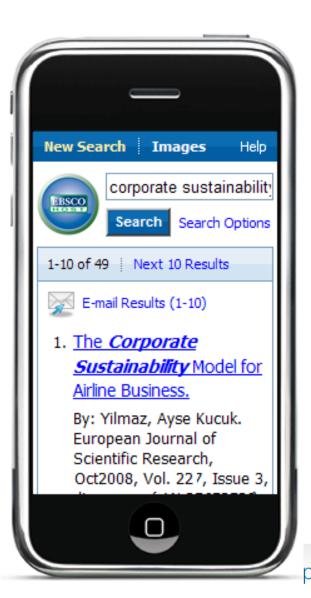
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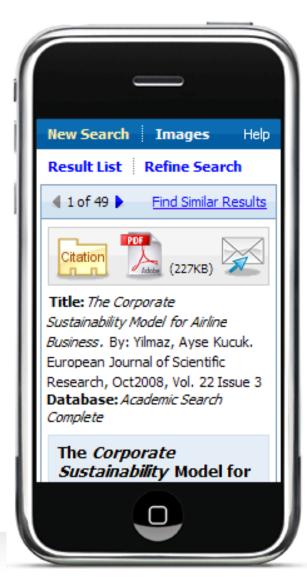
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# Благодарю за внимание

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